



## Lancaster County Weekly Flu Summary Report (Week Ending December 8, 2018)

Flu activity continues to increase in Lancaster County. Influenza A viruses are the predominant type circulating locally. Provider visits and hospital admissions for flu-like illness have increased. Flu activity in schools has increased, as has the positivity rate on lab tests increased. It would appear that those younger than nineteen, especially those 6-12 years of age are being impacted by influenza at this time. That could change as flu activity continues to increase.

Nebraska reports flu activity as local. Influenza activity in the United States remained slightly elevated. Influenza A viruses have predominated in the United States since the beginning of October. The percentage of respiratory specimens testing positive for influenza in clinical laboratories remains low.

The geographic spread of influenza in three states was reported as widespread; 10 states reported regional activity; 21 states reported local activity; the District of Columbia, Puerto Rico, the U.S. Virgin Islands and 16 states reported sporadic activity.

Weekly Lancaster County flu graphs:

<http://lincoln.ne.gov/city/health/pde/flu/WeeklyFluGraphs.pdf>

Nebraska weekly flu update: <http://dhhs.ne.gov/publichealth/Documents/Report.pdf>

National weekly flu update: <http://www.cdc.gov/flu/weekly/index.htm>

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### Flu Facts



[Find the Flu shot near you.](#)